

Fertility Facts

- In the United States, approximately 15% of the population is unable to conceive. In many of these couples, males and females are equally accountable for the problem. 1 in 4 couples have multiple factors contributing to their failure to conceive.
- Most hormonal imbalances that are considered untreatable by conventional Western medicine usually respond to Eastern methods of treatment. 40% of documented cases of infertility are linked to hormonal imbalances.
- The “fertility industry” in the U.S. brings in over \$2 billion a year.
- The number of Western medical procedures to correct infertility rose 40% from 1995 to 1999.
- Fertility issues affect at least 1 in 6 couples. Every month more than seven million U.S. couples experience the pain and disappointment of failing to conceive. The American Fertility Society considers a couple infertile when pregnancy has not occurred after a year of sexual relations without contraception,
- According to the Center for Disease Control, 9.3 million women used and infertility service in 1995. 30% of infertility cases involve the male. At least 20% of all cases where the male is the only contributing factor to infertility can be corrected by lifestyle changes alone.
- Biological reasons for infertility include: Tubal factors (30% of cases), Ovulatory Disorders (33%), Endometriosis (6%) and no known cause (40%). 20% to 25% of miscarriages are due to immune system problems.
- In 1938, 0.5% of males were functionally sterile vs. 8% - 12% today.
- Infertility risks increase with age: 4% of 15-24 year-olds; 13% of 25-34 year-olds; 21% of 35-44 year-olds suffer from infertility. By the time a woman turns 35, her chances of conceiving are decreased by 50%, and they shrink to 20% by the time she hits 40.
- Expensive fertility treatments resulted in only a 6% improvement in achieving pregnancy over “infertile” couples which “kept trying.” Research shows that even young women who were using IVF techniques have between a 20-30% chance of conceiving (at a cost of at least \$10,000 per attempt). The chances fall to less than 10% for women at age 44. On average, women go through seven medically assisted reproductive cycles before they either conceive or quit.

Source: [The Infertility Cure](#) by Randine Lewis, Ph.D.