

How Do I Check My Insurance Benefits?

Patient Name _____ Insurance ID# _____

Patient Date of Birth: _____

Primary Subscriber: _____ Subscriber Date of Birth _____

Our clinic will happily bill your insurance for your visit; however, it is the patient's responsibility to be aware of her/his coverage and co-pay, as well as any deductible and maximums. Please follow steps 1-7 when calling to find out benefits and eligibility.

First, Call the number on your insurance card listed for customer service, benefits and eligibility, or subscriber services and ask the representative the following questions:

1. When did my *coverage begin and when is it valid thru*?
Beginning Date of Coverage _____ **Ending Date of Coverage** _____
2. Do I need a *referral from my primary care physician (PCP)* for alternative services?
 Yes **No**
3. Is the doctor I want to see (Dr Tooba Durrani) *In-Network or a preferred provider* with my insurance company?
 Yes **No**
4. What are my *benefits* for the following services? **Be sure to find out the benefits that apply to the doctor you are seeing; there will be different benefits depending on whether the doctor is In or Out-of-Network with your insurance company and whether your plan includes Out-of-Network benefits.*
Naturopathic: % Covered _____ **Co-pay/ Co-Insurance** _____ **Year Max** _____
Acupuncture: % Covered _____ **Co-pay/ Co-Insurance** _____ **Year Max** _____
Chiropractic: % Covered _____ **Co-pay/ Co-Insurance** _____ **Year Max** _____
5. Are my alternative claims billed to **American Specialty Health** or **Alternare**?
 yes **no**. If yes, please circle which one.
6. What is my *deductible for the year* and has any or all of it been met?
Deductible \$ _____ **Amount of Deductible met so far \$** _____ **Date** _____
7. What was the *name of the representative* I spoke with _____ **Date** _____

***Please bring this form with you to your appointment.** If you have trouble getting the information you need, please feel free to call the clinic for assistance. Thanks so much!